

Title: Blood Donation Parental Consent		
Document #: FORM-00193	Department: Donor Services	Category: Donor Care
Version: 1	Effective: Jan 26, 2026	Phase: Approved

California state law requires parental consent to accept blood donations from donors who are 16 years old. A signed copy of this consent must be provided **each time** your 16 year old donates, until the donor is 17 years old.

By signing this consent, I certify the following:

- I have read this consent and the educational information on the back and all my questions have been answered.
- I understand that both parent/guardian and the donor will be notified of test results that are abnormal.
- I understand that blood donation is voluntary, and consent can be withdrawn at any time without penalty.

Blood Donation Educational Information

Your child/ward has expressed interest in donating whole blood or blood products by apheresis. We hope that you will support and encourage the decision to donate blood. Blood donation is a safe procedure that is done with single use sterile equipment and with sterile technique. Donors cannot get diseases such as AIDS (HIV virus) from donation.

The donation process takes about an hour and consists of the following steps:

- Registration of demographic data into a computer. Photo identification is required.
- Donor History is done using a computer tablet or with a paper form, and has questions regarding health, travel and high-risk behavior. All information is kept confidential and is reviewed by a Registered Nurse or Donor Care Specialist.
- The donor mini physical exam consists of temperature, blood pressure, pulse, hemoglobin (non-invasive), weight, and examination of arms.
- Phlebotomy for whole blood takes about 5-10 minutes. Blood components taken by apheresis takes up to two hours.
- After donating, we request that donors stay for 15 minutes to have refreshments. This allows the donor to recuperate from loss of blood.

A donor can be deferred temporarily or permanently because of factors in personal history and/or test positive results. The donor's name is entered into our confidential deferral database. All information is kept private and confidential.

Blood is tested for a variety of infections – HIV (AIDS virus), hepatitis B and C, West Nile Virus, Chagas disease, syphilis, and HTLV. Both parent/guardian and donor will be notified of positive test results. Some positive test results by law are reportable to the Public Health Department.

Please read and sign page 2

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In some cases, 16 year old donors can be considered for apheresis (platelet/plasma/double red blood cell) donations. Apheresis donations require the use of an automated collection device, where components are separated during the collection process. Apheresis donations are only performed at the main blood donor center.

Blood donation is safe but is not risk free. The most common adverse reactions are lightheadedness with or without fainting, bruise/hematoma at the donation site, and/or localized allergic reactions to the bandage or antiseptic. Uncommon reactions include nerve injury and bacterial infections. Young donors are especially at risk for developing iron deficiency as a result of donating blood. We recommend donors consider taking a supplement containing at least 18 mg iron to maintain adequate iron stores. Automated blood collections can cause chills and tingling of the fingers and lips due to the anticoagulant used in the procedure. Reactions can be delayed and occur 6-8 hours post donation.

If you have any questions, please contact the Donor Services department at 707-443-8004 during working hours. Additional information, including the blood donor educational materials can be found at www.nccbb.org.

I certify that my child/ward is at least 16 years old and has my consent to donate whole blood or blood components.

Please use pen only to complete form.

Donor's Legal Name

Date of Birth

Parent/Guardian Name (print)

Daytime Phone Number

Parent/Guardian Signature

Date

Unit Number Sticker

This consent is required each time a donor 16 years of age donates.